

The Bliss Charity School
Sex and Relationship Education
Governors Policy Statement

Mission Statement

The Bliss Charity School aims to provide a caring, secure and enriching experience; each child is encouraged to develop strong personal, academic, physical and creative skills for lifelong learning.

This policy reflects the mission statement of Bliss Charity School together with the National Curriculum requirements and the statutory changes. The aim of this policy is to ensure all children in our care are aware of the importance of a healthy attitude towards Sex and Relationship Education.

1. Aims:

- To reassure children of their value and self-worth including aspects of dignity, self-respect and self-restraint.
- To nurture a responsible attitude towards personal relationships.
- To provide knowledge of loving relationships.
- To educate against discrimination and prejudice.

2. Objectives:

- To inform children on matters of personal hygiene and related health issues.
- To encourage exploration of values and moral issues taking into account physical and moral risks associated with certain behaviour.
- To teach aspects of human development.
- To provide knowledge of human reproductive process.
- Pupils will be given biological information including that about sexual organs and sexual responses.
- To provide information about conception, pregnancy and opportunities to discuss the responsibilities of parenthood.
- To empower the children to make informed choices about sex.
- Give opportunities to discuss the risks associated with sexual activity.
- Parents will be informed of the content of lesson where they exceed the requirements of the National Curriculum so, if they wish their child may be withdrawn.

3. Policy Dissemination

The policy was drawn up in consultation with the LA Sex Education Advisor, the School Council, staff and governors. Parents were also consulted. It is available from the school office and each teacher has a copy of the policy.

4. Organisation of the Sex and Relationship Education programme

Sex and relationship education will be taught within the Science statutory order and through PSHE using the LASI scheme of work. It is important that teachers are aware of the scheme. They should also refer any (deemed to be inappropriate) questions to the PSHE co-ordinator for advice.

5. Staff support and training

Staff are encouraged to use the LA Sex and Relationship Education box to cover all of the units. Staff have received full training in Sex Education from the LA advisor. In Year 6 children are given more specific information by the school nurse. This is carried out as a mixed class.

6. Working with parents

Parents are consulted in Year 6 about the content of the Sex and Relationship Education training and have opportunities to meet the nurse who is delivering teaching to discuss content. They have also had the opportunity to consult with the LA Sex and Relationship Advisor about the content of the pack. Parents have a right to withdraw their child from Sex Education classes if they wish.

7. The Role of Governors

As it is a statutory policy it is vital that governors monitor and evaluate the policy regularly. This will be carried out annually by the PSHE governor who will report back to the Curriculum Committee.

Outline Teaching Programme

Key Stage 1

Knowledge and Understanding

- That humans move, feel, grow, use their senses and reproduce.
- To name the main external parts of the human body using correct terminology.
- Basic information about how the body works and ways of looking after the body
- That humans grow from babies into children and then into adults.
- The concept of male and female.
- To recognise similarities and differences between themselves and others.
- How to care for living things.
- To identify family relationships and know that there are various family structures.
- The responsibilities in family relationships.

Skills and Attitudes

- To be able to ask questions however sensitive.
- To develop ideas of non-stereotyped gender roles and explore gender roles.
- Develop strategies to counter media and other pressures to conform to stereotyping.
- Develop personal behaviour conducive to maintaining friendships and relationships.
- When and how to get help from adults.
- Communicating feelings and concerns and how to show care and responsibility.
- To feel comfortable about body functions.
- Respect for families and family relationships.
- To be able to acknowledge and discuss moods.

Key Stage 2

Knowledge and Understanding

- That there are life processes common to all animals.
- The main stages of the human life cycle.
- The structure and function of the reproductive system, ensuring the use of correct terminology.
- The process of reproduction and conception.
- To recognise and accept individual personal growth and development and to understand there are variations in these.
- Changes in the body at puberty. Understanding and management of feelings and emotions that occur during these changes.
- Process of menstruation.
- Management of menstruation
- To understand the needs and responsibilities of family members.

Skills and Attitudes

- Continue to develop the ability to ask questions however sensitive.
- To express feelings and anxieties and develop strategies to deal with these.
- To continue to develop personal behaviour conducive to maintaining friendships and relationships.
- To identify and cope with pressure from peers.
- To overcome peer pressure to behave in ways detrimental to their health and self esteem.

Sex Education will be covered through the Science and PSHE schemes of work and we recognise the right that parents have to withdraw their children from sex education that is outside the National Curriculum.

Parents will be aware that sex education occurs in The Bliss Charity School and in acknowledging their role as sex educators we will liaise with them over the aspects covered and the resources used.