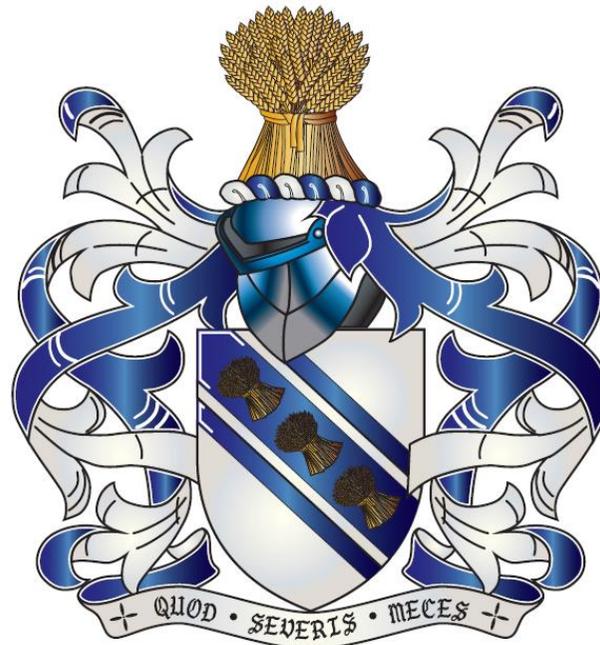


The Bliss Charity School



*The Bliss Charity School aims to provide a caring, secure and enriching experience;
each child is encouraged to develop strong personal, academic, physical and creative skills for lifelong learning.*

School Improvement: *Primary PE and Sport Premium Plan*

2016-2017

The Bliss Charity School: Primary PE and Sport Premium Plan (2016-2017)

The purpose of the Primary PE and Sport Premium Grant is to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils. It is also to be used to encourage the development of healthy, active lifestyles.

This use of the Primary PE and Sport Premium Grant at The Bliss Charity School fits in with the school's vision of providing enriching experiences and developing physical skills (see cover page).

PE and Sport Premium Impact and Sustainability Evaluation: 2015-2016

In 2015-2016, The Bliss Charity School received a £8815 Primary PE and Sport Premium Grant. The total spend in 2015-2016 was £8827.

Here is a summary of the effectiveness of the PE and sport spending initiatives from 2015-2016:

Objective	Impact	Sustainability
<p>Develop sporting ability and encourage healthy lifestyles by engaging children in physical activity at break times, lunch times and after school through the use of sports clubs run by the sports apprentices.</p> <p>Cost: 12 hours per week x £6.50 per hour = £78 per week. £78 x 38 weeks = £2964</p> <p>Sports Crew resources = £78</p> <p>TOTAL = £2964 + £78 = £3042</p>	<p>There is a range of physical activity provided by the sports apprentices, timetabled throughout the day and across the week for FS/KS1 and KS2:</p> <ul style="list-style-type: none"> • Sports clubs on the front playground with the sports apprentices for break times and lunch times each day, including two lunch time clubs (225 minutes x 2 = 450 minutes). • Sports clubs after school with the sports apprentices (135 minutes x 2 = 270 minutes). <p>TOTAL = 720 minutes (12 hours per week)</p> <p>This provision ensures there is opportunity for all pupils to develop healthy lifestyles by engaging in adult-led physical activity in their own time. Every class is timetabled for break time and lunch time slots throughout the week. Two out of the three after-school sports clubs are for Years 3/4/5/6 (both are always full); while the other after-school sports club is for Years 1/2 (this is always full too). The sports clubs on the green at lunch times are at capacity as well. Furthermore, directing classes/groups of children into physical activity with the sports apprentices on the front playground - or the green - means there is more space and opportunity on the back playground for sport and games at break times and lunch times.</p>	<p>Since the sports apprentices are mainly funded through the main school budget as part of the national apprenticeship scheme, the cost to the Sports Premium Grant is kept to a minimum, as only the extra-curricular activities offered by the sports apprentices – i.e. break times, lunches and after school – is drawn from this funding stream. There is, therefore, greater financial sustainability built into this funding arrangement as external coaches are not being brought in specifically to offer extra-curricular sporting opportunities. Moreover, the sports apprentices work alongside Year 6 Sports Crew. This model means leadership capacity is built within our oldest pupils and they are able to increase the range and quality of physical activities on offer to the rest of the children taking part in the sports clubs.</p>

<p>Develop children’s swimming ability beyond the primary school target of 25 metres so pupils are able to swim a range of strokes confidently over a longer distance; and they acquire water-safety and life-saving skills (based on ASA Water Safety and Survival Awards and ASA Rookie Lifeguard programme).</p> <p>Spend: Four terms of swimming – two terms funded from the main school budget; and two terms funded from the PE and Sport Premium Grant: 12 x £130 = £1560.</p> <p>ASA Level 1 Swimming Teacher and ASA Level 2 Swimming Teacher Qualifications = £900 x 2 = 1800</p> <p>TOTAL = £1560 + £1800 = £3360</p>	<p>By using the Sport Premium Grant to fund swimming beyond the minimum requirements of the National Curriculum for PE, The Bliss Charity School is in-line with the Amateur Swimming Association’s (ASA) recommendation of ‘25 hours sufficient study time needed for primary-aged pupils to learn to swim’ (see ‘Taking Swimming Seriously’ 2014).</p> <p>Instead of the average two terms per child in Key Stage Two, four terms are now offered to children during KS2. As a result, 100% of children at The Bliss Charity School in 2015-2016 achieved 25 metres - the last national swimming census by the ASA (2014) found that only 45% of children national could not swim 25 metres unaided when they left primary school education.</p> <p>Moreover, 54% of pupils from The Bliss Charity School recorded at least 50 metres in 2015-2016. The impact of using part of the Sport Premium Grant to fund extra lessons is therefore quite clear. Pupils at The Bliss Charity School develop the skills needed to become life-long swimmers which could have a significant impact on their health over the course of the rest of their lives. Many pupils in 2015-2016 also acquired the skills and knowledge to keep themselves safe around water – these bronze, silver and gold awards are based on ASA Water Safety and Survival Awards and ASA Rookie Lifeguard programme).</p>	<p>Sustainability has been built into this aspect of sport premium spending by ensuring members of staff at The Bliss Charity School are suitably qualified by the ASA (Level 1 and Level 2). This means there is capacity in the school to continue to meet the ASA’s ‘25 hour’ recommendation in years to come. Furthermore, this whole objective is about development sustainable fitness. By equipping young people with more than just water confidence and the minimum distance requirement, we have tried to engender a ‘love of swimming’, so our pupils leave primary education with the resources and the attitudes needed to become a ‘swimmer for life’ and maintain a healthy lifestyle in the future.</p>
<p>To participate in a number of inter-school competitions across a range of different sports throughout the year.</p> <p>Spend: Campion Cluster Sports Package = £995.</p>	<p>Participation in the Primary School Sports Package led by Campion School for the Campion Cluster Primary Schools has offered The Bliss Charity School competitive opportunities in a variety of different sports, including:</p> <ul style="list-style-type: none"> • Year 5/6, Year 3/4 and girls football • Year 5/6 tag rugby • Year 5/6 athletics • Year 5/6 and Year 3/4 netball • Year 3/4 quicksticks hockey • KS2 Cross County • Year 5/6 kwik cricket • Year 3/4 tennis • KS1 multi-skills Festival 	<p>Involving more school staff in the delivery of inter-school sports competitions has led to greater participation over the year and means a high level of participation is sustainable in the future. Twinning lunch time and after-school sports clubs with the inter-school competition programme has been a good way of developing the school’s performance in competitions and festivals. Sustainability could be developed, however, so competition is not only arranged via a third party. School-to-school competition needs to become part of sport premium planning in 2016-2017 so there are even greater opportunities for competitive sport.</p>

<p>To up-skill teachers and sports apprentices in the teaching of tennis (subject and pedagogical knowledge) through the use of lesson-study, working alongside a professional Tennis coach (<i>Tennis4All</i>).</p> <p>Spend: <i>Tennis4All</i> coaching = £1430.</p>	<p>Bringing qualified Tennis coaches from <i>Tennis4All</i> into the school to teach tennis to classes from KS2 in Term 5 and Term 6 resulted in high quality PE for the children in those classes and it provided an opportunity for the teachers and sports apprentices to work alongside qualified coaches in order to improve their practice in the future.</p>	<p>As these coaching sessions were designed as a CPD opportunity for the teachers and the sports apprentices, it has ensured sustainable improvements in a specific area of the PE curriculum in the coming years.</p>
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Due to the success of the initiatives above, many are replicated in 2016-2017 plan (see below) alongside new, additional projects.

PE and School Sport Premium Planning: 2016-2017

In 2016-2017, The Bliss Charity School will receive a PE and School Sport Premium Grant of £8840. To continue to develop the provision of PE and sport and encourage the development of healthy, active lifestyles, this funding will be is spent in four areas:

1. Quality PE lessons - For all pupils to access high quality, active and well-resourced PE lessons throughout the school.
2. Active playground - For the playground to be a safe, healthy environment full of adult-led and child-led physical activity.
3. Intra-school sport - For all pupils to have regular opportunities to engage in competitive sporting activity with other pupils within our school in a range of activities.
4. Inter-school sport - For as many pupils as possible to have regular opportunities for competitive sporting activity with pupils from other schools in a range of activities.

2016-2017 planning involved: Shaun Carter, Sue Caller, Lynn Adey, Ben Jones, Connor Schultes, Ollie Cundill, Melissa East and Jade Baker on 09/02/17.

1. Quality PE Lessons					
AIM 1: For all pupils to access high quality, active and well-resourced PE lessons throughout the school.					
Objective	Timescale	Responsibility	Planned Impact & Sustainability	Cost	RAG Not started In process Complete
1.1 Develop children's swimming ability beyond the primary school target of 25 metres so pupils are able to swim a range of strokes confidently over a longer distance; and they acquire water-safety and life-saving skills (based on ASA Water Safety and Survival Awards and ASA Rookie Lifeguard programme).	Two terms pool hire (and transport to/from the venue) need to be sourced to run after the initial two terms of swimming lessons have concluded. This will mean a least 25 sessions for the children, which will give them the best chance of attaining distances and skills beyond the minimum national requirements of the National Curriculum for PE.	Lynn to source the pool hire and transport. Lynsey (ASA Level 2) and Melissa (ASA Level 2) to plan and deliver the sessions and keep records of the pupils' attainment for national comparison and evaluation of impact.	The Bliss Charity School will continue to be in-line with the Amateur Swimming Association's (ASA) recommendation of '25 hours sufficient study time needed for primary-aged pupils to learn to swim'. The impact of using part of the Sport Premium Grant to fund extra lessons will result in pupils at The Bliss Charity School having – in most cases – exceeding the minimum national attainment expectations and developing the skills and attitudes needed to become life-long swimmers. Sustainability has already been built into this aspect of sport premium spending by ensuring members of staff at The Bliss Charity School are already suitably qualified by the ASA (see 2015-2016 spending summary – above).	At least 25 sessions of swimming in KS2 – half funded from the main school budget; the other half from the PE and Sport Premium Grant: 12 x £130 = £1560.	

<p>1.2 Develop the children's sporting ability and interest in physical activities by introducing a variety of new sports into the primary PE curriculum.</p>	<p><i>Arrows Archery</i> to be purchased in Term 3, with staff training carried out by the end of Term 4. To be used in curriculum lessons from Term 5.</p>	<p>Lynn to purchase <i>Arrows Archery</i>. Shaun and Ben to create and deliver the staff training package. Shaun and Sue to plan where <i>Arrows Archery</i> fits into the school's PE curriculum. Archery to feature in the 2017 Sports Day (Term 6).</p>	<p><i>Arrows Archery</i> is a 'mini' version of archery, created for primary schools to introduce young children to archery in a fun and safe way. It is designed to be delivered by teachers and sports co-ordinators who have no formal archery experience or qualification. As well as providing children with the opportunity to experience in a less-familiar sport, the <i>Arrows Archery</i> equipment and resources also provide an alternative and complementary way of developing movement skills (e.g. coordination, balance, and strength), personal, social, communication skills and arithmetic skills.</p>	<p><i>Arrows Archery</i>: £570</p>	
<p>1.3 Support the delivery of high quality PE lessons by providing resources to ensure every child is actively engaged in physical activity.</p>	<p>All resources for all areas of the PE curriculum audited in Term 4:</p> <ul style="list-style-type: none"> • Invasion games • Net and wall sports • Striking and fielding • Athletics • Gymnastics • Dance <p>Resources order prepared by the end of Term 4. Resources in school and being used by the end of Term 5.</p>	<p>Connor and Ollie to audit the current PE stock and create the order for new/extra/replacement resources with Shaun. Lynn to place the order once complete. Connor and Ollie to store the new equipment, keep it in good order and monitor on-going requirements.</p>	<p>Lessons are active immediately - from the outset of the lesson - because all children have access to high quality resources. No pupil will have to 'wait for their turn'. PE learning time will, therefore, be maximised because high-quality resources will be available to all – all of the time. As a result, pupils have a greater opportunity to reach their full potential and be as physically active as possible, for as long as possible.</p> <p>Ensuring every pupil has access to the equipment they need to develop their skills and be as physically active as possible in PE lessons will mean that a high quality outcomes are achieved in all year groups.</p>	<p>Budget: £2000</p>	
<p>1.4 To store new PE resources safely and securely.</p>	<p>All extra storage solutions purchased and installed by the beginning of Term 5.</p>	<p>Shaun and Lynn to investigate the most suitable storage solutions and arrange installation.</p>	<p>All new resources housed safely and securely so that every pupil in every lesson has access to the equipment they need.</p>	<p>Budget: £400</p>	
TOTAL				<p>£4530</p>	
AIM 1 Evaluation					

2. Active Playground

AIM 2: For the playground to be a safe, healthy environment full of adult-led and child-led physical activity.

Objective	Timescale	Responsibility	Planned Impact & Sustainability	Cost	<div style="text-align: center;"> RAG Not started In process Complete </div>
<p>2.1 Develop sporting ability and encourage healthy lifestyles by engaging children in physical activity at break times, lunch times and after school through the use of sports clubs run by the sports apprentices.</p>	<p>A range of sport clubs will run throughout the year (Terms 1-6):</p> <ul style="list-style-type: none"> Sports clubs on the front playground with the sports apprentices for break times and lunch times each day, including two lunch time clubs (225 minutes x 2 = 450 minutes). Sports clubs after school with the sports apprentices (135 minutes x 2 = 270 minutes). <p>TOTAL = 720 minutes (12 hours)</p>	<p>Connor and Ollie will timetable the sports clubs. Ben will manage this provision to ensure a range of activities on offer for the children. Shaun will agree the timetable of sports clubs each term.</p> <p>In Term 6, additional adults (TBA) will supplement the sports apprentices to allow for an extra sports club per day on the green (additional to the sports club on the front playground).</p>	<p>This provision will ensure there is opportunity for all pupils to develop healthy lifestyles by engaging in adult-led physical activity in their own time throughout the week. Furthermore, directing classes/groups of children into physical activity with the sports apprentices on the front playground, or the green, means there will be more space and opportunity on the back playground for sport and games at break times and lunch times.</p> <p>Since the sports apprentices are mainly funded through the main school budget as part of the national apprenticeship scheme, the cost to the Sports Premium Grant is kept to a minimum, as only the extra-curricular activities offered by the sports apprentices – i.e. break times, lunches and after school – is drawn from this funding stream. There is, therefore, greater financial sustainability built into this funding arrangement as external coaches are not being brought in specifically to offer extra-curricular sporting opportunities. Moreover, the sports apprentices will work alongside Year 6 Sports Crew. This model means leadership capacity is built within our oldest pupils and they are able to increase the range and quality of physical activities on offer to the rest of the children taking part in the sports clubs.</p>	<p>12 hours x £6.50 per hour = £78 per week. £78 x 38 weeks = £2964</p> <p>Sports Crew t-shirts = £78</p> <p>Estimate: Sports Crew tracksuits = £180</p> <p>Estimate: Sports apprentices uniform = £150</p> <p>TOTAL = £2964 + £78 + £150 + £180 = £3372</p>	
<p>2.2 Ensure there is greater opportunity for child-led physical activity on the back playground by</p>	<p>Playground barrier 'zoning' to be in place by the end of Term 5 to create:</p> <ul style="list-style-type: none"> An active zone A creative zone 	<p>Shaun to research and purchase appropriate 'zoning' resources. Shaun to deliver a whole school assembly on playground zones – to be featured in the school newsletter too. Melissa to ensure</p>	<p>'Zoning' the back ground will make the playground a healthier, safer and more organised environment. As a result, there will be increased activity and regular, informal child-led, intra-school competition for pupils on a daily basis throughout the year.</p>	<p>TTS 1 Playground Barriers (pack size: 21m) = £1425.</p>	

<p>'zoning' this area effectively.</p>	<p>- A quiet zone</p>	<p>zoning is effective on daily basis as part of her lead lunchtime supervisor role.</p>	<p>This initiative is sustainable because once the barriers have been purchased and the children have been inducted, the only on-going cost is making sure equipment is available in the 'active zone' to facilitate physical activity and competition.</p>		
<p>2.3 To develop a wider range of independent, child-led sporting activities at lunchtime where pupils have the opportunity to develop and refine their skills.</p> <p>LINKED TO OBJECTIVE 1.3</p>	<p>Resources/equipment for high quality PE (see objective 1.3) available for physical activity and skill development on the back playground too (in the 'active' zone).</p> <p>New resources purchased and set-up by the end of Term 5.</p>	<p>Melissa to liaise with Ollie and Connor about resources that can be used in the 'active' zone on the back playground and provide different types of equipment for child-led sports in this area on a daily basis.</p>	<p>Increased physical activity levels on the playground will contribute to the development of healthy lifestyles and enjoyment of regular participation in sport.</p> <p>The intended impact of this objective will be self-sustaining once it is sufficiently resourced.</p>	<p>Resources/equipment for child-led physical activity = accounted for in 1.3</p> <p>SEE OBJECTIVE 1.3 (High Quality PE resources)</p>	
TOTAL				£4797	
AIM 2 Evaluation					

3. Intra-school Sport

AIM 3: For all pupils to have regular opportunities to engage in competitive sporting activity with other pupils at our school in a range of activities.

Objective	Timescale	Responsibility	Planned Impact & Sustainability	Cost	RAG Not started In process Complete
<p>3.1 Provide an even wider range of extra-curricular sports clubs in KS1 and KS2 throughout the year.</p> <p>LINKED TO OBJECTIVE 2.1 (Sports apprentices' clubs)</p>	<p>Connor, Ollie, Ben, Shaun and Emma to organise clubs on a termly basis and keep registers of participants for the School Games Mark Award.</p>	<p>Shaun to liaise with school staff and external providers to ensure a variety of clubs is spread across the school and throughout the year.</p>	<p>A wide range of extra-curricular sports clubs will provide lots of opportunities for pupils to participate in informal (Level 1) competition within the clubs, through internal leagues and competitions.</p> <p>Sustainability: All clubs run by school staff will incur no cost; external providers to charge pupils to participate. Some external clubs may be subsidised by the Sport Premium Grant funding to keep the costs as low as possible for pupils/parents.</p>	<p>Estimate: South Northants and Daventry SSP PE and School Sport Tracker = £100</p> <p>Sports apprentices' clubs = accounted for in 2.1</p> <p>SEE OBJECTIVE 2.1 (Sports apprentices' clubs)</p>	
<p>3.2 Initiate intra-school 'house' sports competitions for FS/KS1 and KS2 (Level 1).</p>	<p>All pupils have the opportunity to engage in at least one competitive event for their 'house', outside of Sports Day.</p> <p>'Houses' to be set-up by the end of Term 4.</p> <p>House events in Terms 5-6.</p>	<p>Shaun and Sue to organise competitions and ensure the PE curriculum complements the intra-school competition schedule.</p> <p>Connor, Ollie and Ben to ensure competitions are resourced and all equipment is audited before any house competitions; any new kit will be ordered in good time.</p> <p>House sports trophy to be organised by Shaun. Trophy, medals and certificates for intra-key-stage football tournament to be organised by Shaun.</p>	<p>All children in FS/KS1 and KS2 have the opportunity to play competitively at least once per year, outside of Sports Day (Level 1).</p> <p>Planned intra-school sports competitions ...</p> <p>Terms 5-6:</p> <ul style="list-style-type: none"> - Whole-school = Athletics (Sports Day). - KS2 intra-key-stage football tournament for Years 3/4/5/6. - FS/KS1 intra-house multi-skills tournament. 	<p>Budget: Trophies, medals and certificates = £150.</p>	
TOTAL				£250	

AIM 3 Evaluation

4. Inter-school Sport

AIM 4: For as many pupils as possible to have regular opportunities to engage in competitive sporting activity with pupils from other schools in a range of activities.

Objective	Timescale	Responsibility	Planned Impact & Sustainability	Cost	<div style="text-align: right;"> RAG Not started In process Complete </div>
<p>4.1 To participate in a number of inter-school competitions across a range of different sports throughout the year.</p> <p>LINKED TO OBJECTIVE 3.1 (SSP Participation Tracker)</p>	<p>Programme of Level 2 competitions in a range of sports throughout the year (Term 1 – Term 6) and progression to Level 3 competitions if successful at Level 2.</p> <p>Connor, Ollie, Ben, Shaun and Emma to organise clubs on a termly basis and keep registers of participants for the School Games Mark Award.</p> <p>New sports kit for inter-school competition designed and ordered by the start of Term 4; ready for use from Term 5.</p>	<p>Shaun, Ben, Connor and Ollie to liaise with staff at Champion and South Northants and Daventry SSP to co-ordinate Level 2/Level 3 event participation throughout the year.</p> <p>Shaun to design and order the new sports kit. Shaun to seek sponsorship for the new kit to assist with the costs.</p>	<p>All children in KS2 will have the opportunity compete against other schools in a range of sports – if selected.</p> <p>Campion Cluster Primary School offer 2016-2017:</p> <ul style="list-style-type: none"> • Year 5/6, Year 3/4 and girls football • Year 5/6 tag rugby • Year 5/6 athletics • Year 5/6 and Year 3/4 netball • Year 3/4 quicksticks hockey • KS2 Cross County • Year 5/6 kwik cricket • Year 3/4 tennis • KS1 multi-skills Festival <p>South Northants and Daventry SSP:</p> <ul style="list-style-type: none"> • KS2 Boccia • Girls Football • KS2 Goalball • KS2 Gymnastics • KS2 Archery • KS2 Basketball • KS2 Netball • KS2 Swimming • KS2 Tri-golf • KS2 Athletics <p>Twinning lunch time and after-school sports clubs with the inter-school competition programme will be a good</p>	<p>Campion Primary School Sports Package 2016-2017 = £995.</p> <p>Budget: Transport costs/one-off entry fees/over-time for TAs and sports apprentices = £500</p> <p>Estimate: New sports kit for inter-school competition = £600 (through sponsorship – do not add into TOTAL figure).</p> <p>Estimate: South Northants and Daventry SSP PE and School Sport Tracker = accounted for in 3.1</p> <p>SEE OBJECTIVE 3.1 (SSP Participation Tracker)</p> <p>TOTAL = £1495</p>	

			<p>way of developing performance in competitions and festivals.</p> <p>With lots of school staff involved in the delivery of inter-school sports competitions, there will be a high level of participation – and a sustainable level of participation - over the course of the year.</p>		
<p>4.2 To organise competitive fixtures against other schools.</p> <p>LINKED TO OBJECTIVE 4.1 (Transport and New Sports Kit)</p>	<p>Develop school-to-school sporting connections and arrange some local fixtures in different sports.</p> <p>One-off ‘twinned’ matches in football and cricket:</p> <ul style="list-style-type: none"> • Football (Term 4) • Cricket (Term 6) 	<p>Shaun to arrange one-off, school-to-school fixtures.</p> <p>Shaun to organise, certificates, medals and trophies for these events (if needed).</p>	<p>All children in Years 5/6 will have the opportunity to compete against other schools in a range of sports – if selected.</p> <p>Locally-organised, school-to-school, arrangements will offer even greater competitive opportunities for inter-school sport.</p> <p>Establishing and maintaining links with other schools offers a flexible and sustainable addition to the established Level 2/3 programme.</p>	<p>Transport costs (if playing away from home) = accounted for in 4.1</p> <p>SEE OBJECTIVE 4.1 (Transport and New Sports Kit)</p>	
TOTAL				£1495	
AIM 4 Evaluation					

Sport Premium Grant 2016-17 = £8840

Total projected spend = £11072

Additional funding from the main school budget = £2232

Mr. S Carter (February 2017)